

Welcome to Hearing Health Services

Whidbey's Premier Audiology Clinic, as voted by our community members for 13 years and counting!

Your visit will include a variety of simple but technically advanced tests using computers and highly specialized equipment not available in most medical centers. Your appointment will last 90–120 minutes.

To prepare for your visit, we ask that you carefully review the following instructions.

APPOINTMENT DAY INSTRUCTIONS

1. Plan to arrive 15 minutes before your appointment time. If you arrive late, your appointment may be rescheduled.
2. Do not wear mascara, eyeliner or face lotions. We may ask you to remove them at the appointment. These products may interfere with the testing.
3. Do not drink alcoholic beverages for 48 hours before the test.
4. Do not take any of the following medications for 48 hours prior to your appointment. Please let us know at your appointment if you have taken these medications within the past two days.
 - Anti-Vertigo Medicines: Antivert®, Ru-Vert-M or Meclizine
 - Anti-Nausea Medicines: Atarax®, Dramamine®, Compazine®, Antivert®, Bucladin, Phenergan®, Thorazine® or Scopolamine Transdermal
5. Vital medications SHOULD NOT be stopped. Continue to take medications for your heart, blood pressure, thyroid or diabetes, as well as anticoagulants, birth control or antidepressants. If you are unsure about discontinuing a particular medication, please call your physician to determine if it is medically safe for you to be without it for 48 hours.
6. Eat lightly on the day of your appointment. If your appointment is in the morning, you may have a light breakfast, such as toast and juice. If your appointment is in the afternoon, eat a light breakfast and have a light snack for lunch.
7. Testing may cause a sensation of motion that may linger. If possible, we encourage you to have someone accompany you to and from your appointment. However, if this is not possible, try to plan your day so you have an extra 15–30 minutes after your test to rest before leaving the office.
8. Wear comfortable clothes.

We invite you to contact our office with any questions you may have.